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Vegetable oil market prices

2026/01/29		1 WEEK AGO 2026/01/22		1 MONTH AGO 2025/12/11		1 YEAR AGO 2025/01/22	
International Oilseed (US\$/ton)		Δ	%Δ	Data	%Δ	Data	%Δ
SOYA-OIL, ARGENTINA, FOB	1158	8	0,70%	1150	4,14%	1112	4,70%
SOYA-PELLETS, ARGENTINA, CIF	334	-1	-0,30%	335	-2,34%	342	0,00%
SOYBEAN, US, CIF	456	5	1,11%	451	3,64%	440	8,06%
USA RUNNER 40/50 GROUNDNUTS	1225	0	0,00%	1225	2,08%	1206	-25,76%
SUNFLOWER OIL, ARGENTINA, FOB	1370	20	1,48%	1350	10,04%	1245	24,55%
SUNFLOWER SEED, BLACK SEA	680	30	4,62%	650	4,62%	650	7,94%
RAPESEED, EU CIF	580	17	3,02%	563	2,11%	568	5,65%
PALM OIL MALAYSIA FOB	1133	113	11,08%	1020	10,21%	1028	7,39%
Local Oilseed (R/ton)		Δ	%Δ	Data	%Δ	Data	%Δ
SOY Spot	6500	-120	-1,8%	6620	-3,9%	6755	-3,3%
SOY Mar'26	6449	-87	-1,3%	6536	-6,4%	6895	-29,6%
SUN Spot	9950	-1090	-9,6%	11040	-7,2%	10725	0,01%
SUN Mar'26	8959	-521	-5,8%	9480	-4,0%	9458	-10,6%

Vegetable oil market commentary

Soybeans / Soybean Oil

Global soybean supply is higher in 2025/26, driven by increased production in Brazil and the United States, which also increased global crush and stocks. Trade is slightly lower overall due to reduced U.S. exports, despite stronger Brazilian shipments. Export prices declined on expectations of a record Brazilian crop, although U.S. prices stayed relatively high on steady Chinese demand. Soybean oil prices weakened earlier due to lower energy prices and delayed U.S. biofuel policy decisions but recovered later on strong export sales. China has emerged as a net exporter of soybean oil again, as domestic production outpaces slower consumption growth, with most exports going to India and South Korea.

Sunflower / Sunflower Oil

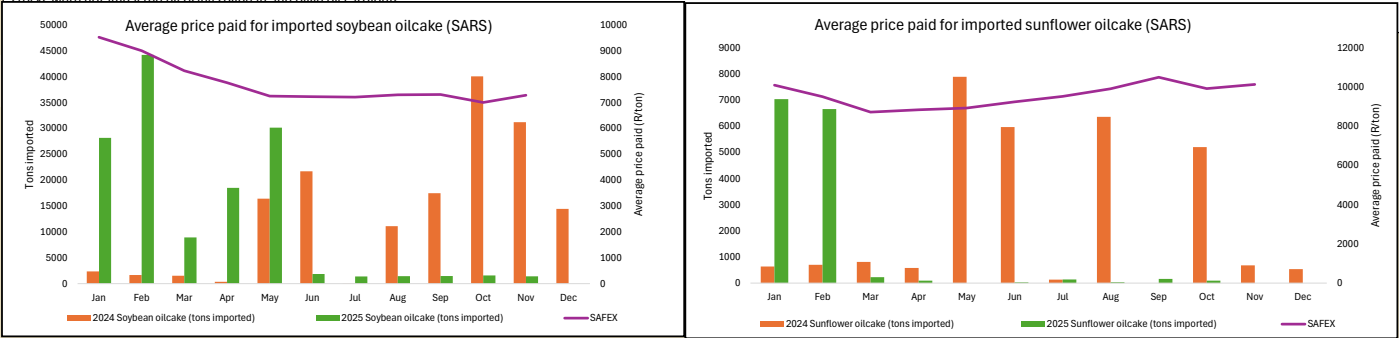
Sunflowerseed production increased in Argentina but declined in Russia, limiting overall global gains. Crush rose due to stronger Argentine activity, while Russia's lower production reduced sunflowerseed meal and oil exports. Sunflower oil exports declined, contributing to lower global sunflower oil stocks, although this was offset by gains in other vegetable oils.

Canola (Rapeseed)

Global rapeseed production and trade declined, mainly due to lower output and exports from Russia. Reduced Russian exports weighed on overall oilseed trade, partially offsetting gains from soybeans. This also contributed to tighter rapeseed availability in global markets.

Palm Oil

Palm oil export prices remained lower relative to other vegetable oils and were largely stable during the period. Global palm oil exports declined, led by lower shipments from Indonesia. Palm oil stocks fell, but the impact on overall vegetable oil stocks were not impacted by rising soybeans and olive oil exports.



Vergelyking van oliesaadpryse/ Comparison between oilseed prices

